### LACTATION STATION INSTRUCTIONS

-A Portable, Indoor/Outdoor Lactation Suite-

### Set-up Checklist: Read before set-up!

First step: Pop-up tent. Use caution- it opens quickly.

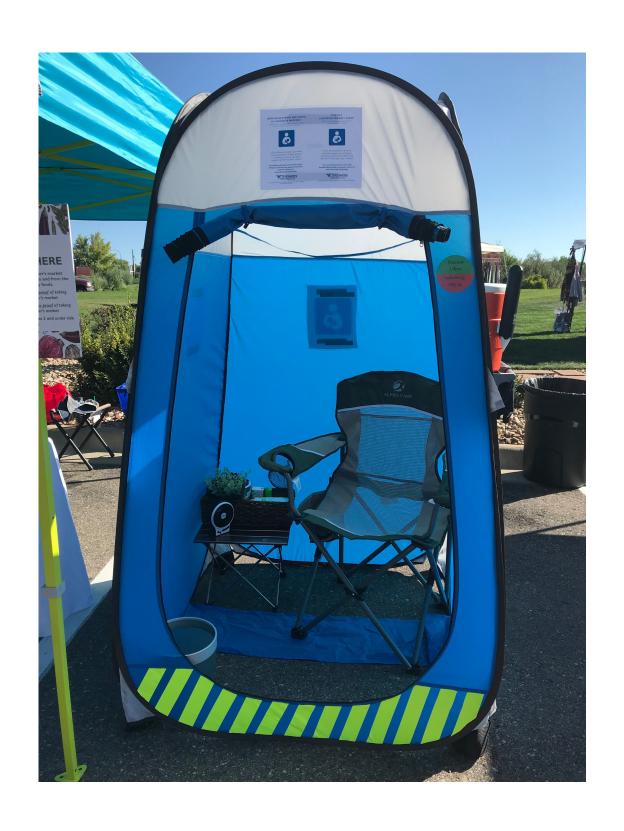
### **Inside Tent:**

- Instructions
- Fold-Up Chair
- Trash Can
- Fold-Up Table
- Battery Operated Fan
- Power Strip

- Basket containing:
  - Tissues
  - Baby Wipes
  - Hand Sanitizer
  - Faux Plant
  - Notebook and Pen
  - Hand Mirror

### **Outside Tent:**

- Weights (4) and Stakes (4) (to safely secure tent)
- Exterior Signage (4)
- Vacant/In Use Sign
- Supply Box



### Tips:

- Improve ventilation by opening zippered tent vents (top and side).
- Tent door can remain open or closed when in use depending on parent preference.
- Electrical outlet available? Plug in power strip for breast pump use.
- Use the supply box to store covers, cleaning supplies, etc... during the event.

### Post-Event Checklist

- Empty trash can and disinfect surfaces (gloves and wipes included in supply box).
- Re-pack all items and return to:

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Thank you for supporting breastfeeding families in our community!

### LACTATION STATION

-A Portable, Indoor/Outdoor Lactation Suite-



### All you need:

- This supply box
- Fold-up chair
- Pop-up tent

# ESTE ES UN EVENTO QUE APOYA LA LACTANCIA MATERNA!

Amamante a su bebe en cualquier lugar donde usted se sienta cómoda.



¡Si prefiere un espacio privado para amamantar o para extraer su leche, por favor use esta carpa si el letrero dice "Libre"!

## LACTATION-FRIENDLY EVENT!

Nurse your baby anywhere that is comfortable for you.



If you would prefer a private lactation space for nursing or pumping, please feel free to use this tent if the sign says 'vacant'!

### LACTATION ROOM SALA DE LACTANCIA



