

LACTATION STATION INSTRUCTIONS

-A Portable, Indoor/Outdoor Lactation Suite-

Set-up Checklist: Read before set-up!

First step: Pop-up tent. **Use caution**- it opens quickly.

Inside Tent:

- Instructions
- Fold-Up Chair
- Trash Can
- Fold-Up Table
- Battery Operated Fan
- Power Strip
- Basket containing:
 - Tissues
 - Baby Wipes
 - Hand Sanitizer
 - Faux Plant
 - Notebook and Pen
 - Hand Mirror

Outside Tent:

- Weights (4) and Stakes (4) (to **safely secure** tent)
- Exterior Signage (4)
- Vacant/In Use Sign
- Supply Box



Tips:

- Improve ventilation by opening zippered tent vents (top and side).
- Tent door can remain open or closed when in use depending on parent preference.
- Electrical outlet available? Plug in power strip for breast pump use.
- Use the supply box to store covers, cleaning supplies, etc... during the event.

Post-Event Checklist

- Empty trash can and disinfect surfaces (gloves and wipes included in supply box).
- Re-pack all items and return to:



Thank you for supporting breastfeeding families in our community!

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All you need:

- ✓ This supply box
- ✓ Fold-up chair
- ✓ Pop-up tent

¡ESTE ES UN EVENTO QUE APOYA LA LACTANCIA MATERNA!

Amamante a su bebe en cualquier lugar
donde usted se sienta cómoda.



¡Si prefiere un espacio
privado para
amamantar o para
extraer su leche, por
favor use esta carpa si
el letrero dice “Libre”!

THIS IS A LACTATION-FRIENDLY EVENT!

Nurse your baby anywhere that is
comfortable for you.



If you would prefer a
private lactation
space for nursing or
pumping, please feel
free to use this tent if
the sign says 'vacant'!

LACTATION ROOM

SALA DE LACTANCIA



